

The Dalian Method is an advanced paradigm for healing that has been created by Mada Eliza Dalian. Mada is a modern day mystic who has a super-conscious understanding of the human condition and brings a pivotal contribution to awakening of consciousness on this planet through her work. She describes her healing method as follows:

“This unique system by-passes the mind and helps to effortlessly bring to the surface the precise thought patterns and emotions that have been imprinted in the body and energy for years and even lifetimes.

Mathematically and systematically, the Dalian Method works through the entire body (from feet to head) to release and dissolve the unconscious thought patterns, emotions, and beliefs that cause energetic blockages, psychological unrest, and disease.

Working with the entire body, including the chakra system, Yin/Yang (female/male) energy polarities, the breath, and out loud verbal expression, the Dalian Method helps to permanently transform the underlying causes of identification with fear, self-doubt, jealousy, anger, insecurity, chronic pain, and disease.

As the body detoxifies from layers of repressed negative emotions and belief patterns, your inner consciousness spontaneously comes to the forefront and helps you dis-identify from your chattering mind and its beliefs. With the self-sabotaging thought patterns and emotions released from the body, your energy begins to freely move again, and you naturally connect with your inner joy and stillness. The energy movement naturally opens the neuropathways in the body, spontaneously awakening the body’s ability to restore the health of the organs and heal itself.

Feeling an overall state of wellbeing, spontaneously and without the need of positive thinking, the heart opens and frees the tremendous power it contains to heal the past wounds, learn the needed lessons, and authentically forgive oneself and others.

Utilizing the innate wisdom the third eye (the sixth chakra), the Dalian Method brings you to a place of deeper understand to why things happened the way they did. It helps to transform anxiety, fear, blame, and negative emotions on a cellular level in the entire body. Self-acceptance, love, compassion, and gratitude arise naturally without using any affirmations. You experience the silent presence of your being and realize that you have the strength and power to live your life as you choose. You forgive yourself and others for all the mistakes and open to new possibilities that life is waiting to offer you.

And once again, all these things are achieved through a Dalian Method session without using the cognitive mind!”

*“Health is a state of consciousness. It has nothing to do with age, illness or even the health of the body or mind. Whether you are aware of it or not, every step you take towards healing is a step towards consciousness. Everything you do in life is part of your healing journey towards discovering the ultimate health of your being.”*

~ Mada Eliza Dalian